

Minutes of the Oswego Township

REGULAR MEETING

March 11, 2025

Approved 04/08/2025

The meeting of the Oswego Township was called to order at 6:30 P.M by Supervisor Joe West. The meeting was held at 99 Boulder Hill Pass, Montgomery, Illinois. The pledge of allegiance to the U.S flag was given by all in attendance.

Township officials in attendance were Supervisor Joe West, Trustees Bush, Helgeson, Sawicki and Selmer, Clerk Holmstrom, Highway Commissioner Ainsworth and Assessor Hauser. Also present were Lynn Cullick, Rob Delong and Jim Zimmerman. No other residents were in attendance. Supervisor West stated that a quorum was present.

Supervisor West asked if there were any corrections to the Minutes from 2-11-2025. Trustee Helgeson motioned to approve the minutes of 2-11-2025, second by Trustee Bush. Roll call: Trustee Bush, Helgeson, Sawicki and Supervisor West motioned to approve. Trustee Selmer abstained. Motion carried.

Kendall county Sheriff report: No report.

Trustee's report:

Trustee Bush reported that she received the fund request packets from the Beecher Center, Senior Services Meals on Wheels and the Oswego Senior Center. She attended several Senior lunches. She then discussed a statement that came out on 3-10-2025 from TOI on consolidating Townships into other Government agencies. TOI is asking all voters to research this notice and urging voters to vote against it. She next reported that she reviewed the bank reconciliations through 2-28-2025.

Trustee Helgeson attended many meetings with the Downtown Businesses. He also attended the Senior Center Capitol Plan meeting.

Trustee Sawicki: Reported that she attended the Hometown Expo presented by the Oswego Chamber. She also reported that the Senior Center has started having teen events at the facility.

Trustee Selmer: She took sexual harassment training as required. She attended a Triad meeting, where she signed up for an upcoming Triad event and discussed other Triad upcoming events.

Clerk Holmstrom: attended and worked the Hometown Expo put on by the Oswego Township. Attended a Fire Department Board meeting, a Chamber Board meeting and the Senior Center Capitol Plan meeting.

Assessor Hauser: he reported that the Supervisor of Assessments was looking at a 8.28% assessment increase for 2025 and said that 2026 is on track for a 3.32% increase.

Ordinance Officer: Reported that the General assistance program and the cemetery are keeping him very busy.

Highway Commissioner Ainsworth: No Report

Supervisor West: No Report

Old Business: Discussion and action to retain Mack & Associates for audit services for FY 2024. Trustee Selmer motioned to approve Mack and Associates, second by Trustee Helgeson. Roll call: Trustee Bush, Helgeson, Sawicki, Selmer and Supervisor West motioned to approve. Motion carried.

New Business:

Discussion and Action to approve Resolution 2025-07 for the transfers to/from line items within the General Township Fund. Trustee Selmer motioned to approve, second by Trustee Sawicki. Roll call: Trustee Bush, Helgeson, Sawicki, Selmer and Supervisor West voted to approve. Motion carried.

Discussion and vote to approve Resolution 2025-08 for the transfer of funds to/from line items within the highway department. Trustee Helgeson motioned to approve, second by Trustee Bush. Roll call: Trustee Bush, Helgeson, Sawicki, Selmer and Supervisor West. Motion carried.

Discussion and Action to approve the 4-8-2025 Annual Town Meeting agenda. Trustee Helgeson motioned to approve the Annual Town meeting agenda, second by Sawicki. Roll Call: Trustee Bush, Helgeson, Sawicki, Selmer and Supervisor West voted in favor. Motion carried.

Discussion and vote to approve the FY2025 Social Services Contract/Senior Grant awards. Beecher Center \$20,000, Senior Service – Meal on Wheels \$10,000 and The Oswego Senior Center \$45,000. After discussion, Trustee Helgeson motioned to approve, second by Trustee Sawicki. Trustee Selmer inquired about a \$1000 grant to Triad. A grant was not yet submitted. Selmer will contact Triad and have a Grant request for the next meeting. Roll Call on the Motion: Trustees Bush, Helgeson, Sawicki, Selmer and Supervisor West motioned to approve. Motion carried.

Supervisor West presented the following bills for approval:

General Road Fund	\$	50,294.31
Permanent Road Fund	\$	113,344.32
Building & Equipment	\$	24,945.00
General Town Fund	\$	39,816.62
Assessor	\$	295.23
Cemetery	\$	118.77

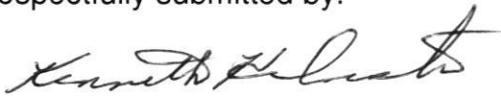
General Assistance \$ 6,531.47

Trustee Bush motioned to approve the bills from February 12, 2025 Thru March 11, 2025. Second by Trustee Sawicki. Roll call: Bush, Helgeson, Sawicki, Selmer and Supervisor West voted in favor. Motion carried.

Public Comment: None

No further business to come before the Board. Trustee Helgeson motioned to adjourn, second by Trustee Sawicki. All present voted in favor. Meeting adjourned at 6:58.

Respectfully submitted by:

A handwritten signature in black ink, appearing to read "Kenneth Holmstrom", written in a cursive style.

Kenneth Holmstrom, Township Clerk

Community Nutrition Network/Meals on Wheels Foundation of Northern Illinois
Second Quarter Report for Oswego Township 1/2025-3/2025

Total of Home Delivered meals served this quarter Oswego- 5593

Total Congregate Meals served at Oswego Senior Center-401

Total home delivered Meal clients served during this quarter Oswego-225

Oswego Senior Center luncheon clients Served this quarter-129

Total of IN-KIND hours (volunteers delivering meals Oswego Drivers- 558

Total of IN-KIND hours (volunteers serving meals at Oswego Senior Center
luncheon-138.50

Year to date meals served whole county- 27696

Year to date IN-KIND hour's whole county-2142.50

Year to date clients served whole county-695

Oswegoland Senior & Community Center Quarterly Report

OSCC Programs and Activities: January 1 – March 31, 2025

Prepared by Diane Beukelman

Hours were expanded in September: 9am-4pm, Monday – Thursday. 9am -1pm on Fridays. We continue our monthly Restaurant Fundraisers that our Seniors strongly support and enjoy. Our partnership with *Moments in Time* band has provided fun activities along with music for entertainment on select summer weekends. Our Studio 60 partner offers great opportunity for our seniors and community members to join in art projects.

In January 2025, OSCC launched a Membership Plan. In October, we surveyed over 100 participants and hosted a focus group to discuss implementing a Membership Plan. After great conversations and overwhelmingly positive feedback, we rolled out our Membership Plan. Membership Fees are: Individual Membership: \$30 per year. Couple Membership: \$55 per year. Membership fees are paid annually each January. Fees are then prorated based on the month of joining. "Seniors in need" memberships have been paid by donations from other seniors.

Our Senior Center data is set by category for reporting to our AgeGuide partners. For ease of reporting and to not duplicate participant numbers, we will report to Oswego Township in those same major category sections.

EDUCATION I CATEGORY: PROGRAMS & NUTRITION:

Purpose/Goal:

- To provide opportunities for participants to obtain education regarding health, mental health and personal safety.
- To provide Nutrition opportunity for participants to gather with peers for a nutritious meal while socially engaging.
- To provide OSCC opportunity to share age sensitive community education in an entertaining, non-threatening way.
- To provide Staff opportunity to observe social functioning levels, including overall wellbeing of participants while responding as needed, including sharing observations with OSCC Health/Mental Health Staff.

Method:

- **Ask a Cop/Ask a Fireman, NEW started March 2025** Oswego Police Department set a formal dedicated monthly Ask a Cop program. First program was very successful- 35 in attendance and lots of questions. /Fire Officers stop by American Legion Lunch to answer questions and visit with our seniors.
- **Ask the Attorney** Held monthly, our attorney partner, John Wyeth, presents programs of interest.
- **Computer Lab** Participants receive one-on-one help with pcs and tablets from volunteer Instructor Gary Tollaksen.
- **Financial Education Series** Participants meet the second Tuesday of each month to gain general financial advice, tools for investing and get questions answered by our partner, David Erickson of Edward Jones, Oswego.
- **History through Biographies** Seniors meet in-person at our partner's location, Oswego Library. Volunteer Mike Adolph, a retired History teacher, moderates lively discussion as participants explore history by presenting biographies they have chosen.
- **Medicare Educational Seminars** Various monthly topics are covered and followed by Q & A.
- **Annual Medicare Forum held October 9th.** 78 attendees, best attendance since 2018.

- **Senior Health Insurance Program** Free Medicare counseling is made available to seniors to help them identify plans and deal with issues regarding Medicare. SHIP counselors are available every Tuesday by appointment.
- **Community Luncheons:** OSCC now holds 3 luncheons per month with trained Staff present to coordinate and assist volunteer servers:
 1. Once per month at the Oswego American Legion.
 2. OSCC continues our partnership with Community Nutrition Network & Senior Services Associates (CNNSSA) for two monthly luncheons on-site at OSCC.
- **Information & Assistance and Case Management:** OSCC refers call-ins and in-person requests for case management services directly to Senior Services Associates.

EDUCATION II CATEGORY: PROGRAMS

Purpose/Goals same as Education I (excluding Nutrition)

Method:

- **AARP Annual Safe Driving Course** Individuals participated in the 2- day course. (*Annual Event was held in June*).
- **Clinical Counseling Support Group** is comprised of caregivers, those grieving a loss of a loved one, or those just in need of a sounding board or support network. The group meets every Friday under the leadership of Wally Hamlin & Cindy Vey, both Licensed Clinical Professional Counselors
- **Coin Collecting** meets the second Tuesday of each month. Area coin collectors or those interested in starting coin collecting are invited to join the group to share their interest and discuss coins, collections, history, and market trends.
- **Ways to Save Money-** a Volunteer leader explores ways to save on internet, phone and other services.
- **Short Stories** Monthly program for discussion of selected stories. (Volunteer leader no longer available as of October 1, 2024.
- **CPR Class** offering for non-health people to take life-saving class. (Held in April)
- **Extended Travel Tours through Premier offered for 2024-2025.** Presentations are held about the tours and for sign-up.

RECREATION I CATEGORY: ACTIVITIES

Purpose/Goal:

- To provide opportunities for Participants to preserve and increase activity level and skills while socially engaging in a safe, secure, and entertaining way.
- To provide Staff opportunity to observe and engage with Participants.

Method:

- **Bean Bag Baseball** OSCC team plays against Diamond Senior Apartments on the 2nd and 4th Monday of each month. We recently added a monthly game with American House Senior Living.
- **Bags or Corn Hole** players gather in teams on Mondays and Thursday weekly.
- **Bingocize, new offering;** evidence based, AgeGuide funded program for seniors to enjoy bingo and exercise at the same time. 10 weeks, 20 sessions of class. *Falls Prevention Bingocize started Sept. 4*
- **Bridge Card Players** meet to play every Monday and Thursday.
- **Bunco** players gather to socialize and play on the 4th Wednesday of each month.
- **Card Making Class & Diamond Dotz** features, watercolor, stamping and Dotz instruction & projects.
- **Chair Exercise** meets at OSCC and thru Zoom Mondays, Wednesdays, and Fridays at 9:00am. We use “Stronger Seniors” chair exercise video.
- **Pinochle, Euchre, Hand & Foot Card Players** meet for play every week, Tuesday -Thursday.
- **Line Dancing** is held every Friday, 10 -11am at our partner location, the gym at Servbank. Volunteer instructor Mary Love can get participants dancing whether novice or pro. Line dancing can help with coordination, balance, endurance as well as memory while having fun.
- **Bingo** 3 monthly bingos are held: 3rd Tuesday and 2nd and 4th Tuesday after on-site lunch. OSCC

secures monthly Sponsorships with local senior providers and businesses to provide prizes, goodies and raffles.

- **Senior Singers** meet on Fridays, 10-12pm. Volunteer music leader, Sue Gilla welcomes new members. The group performs at senior facilities every Friday all summer after spring rehearsals. Fall rehearsals for Holiday Performances begin in September. Singers completed numerous Holiday concerts at senior living facilities in December.
- **Walking Club** for the summer months walk at 9:00am along the river on Tuesdays and the path by OSCC on Thursdays. Winter months club meets at Meijer store walks perimeter in-store and lower level of OSCC.
- **“Oswego Area Karvers” (OAK)** meet on Fridays, 9am-Noon. Experienced and novice carvers are welcome as well as interested beginners to join the wood carving group led by volunteer Mike Nolan.
- **Tai Ji Quan: Moving for Better Balance, Class I and II.** Evidenced-based class for older adults funded by an AgeGuide Grant. This program combines the best of Tai Chi and fall prevention exercises. Held first 8 months of the year.
- **Zumba**, held twice weekly.
- **Live Music on Week-end Performances** (*Moments in Time* band entertained) Held periodically throughout the summer.

RECREATION II CATEGORY: ACTIVITIES

Purpose/Goals same as Recreation I

Method:

- **Cribbage Card Players** meet every Tuesday morning.
- **Dime Jingle** Game is played the second Monday of each month. Dime Jingle is played with a deck of cards at tables of 4 players. No card experience is needed, and players help each other through the series of 14 games.
- **Gentle Yoga** is held every Wednesday at OSCC and every Friday at our partner location, the gym at Servbank. Certified Instructor Neeta Mohanty helps to modify positions for comfort and concerns in this gentle Yoga class. Yoga can be a great way to exercise the aging body.
- **Strength & Endurance Training** classes are held every Monday, Wednesday, and Friday at 9:00 and 10:00am. Participants who join this engaging, fun fitness class benefit from cardio, resistance, and strength training. Balance, coordination, flexibility, agility, and energy may be improved as well. Instructor is Beth Peshia, OSCC Health & Wellness Coordinator
- **Studio 60 Painting Classes** offered monthly by our Studio 60 partner.
- **Pickleball classes and clinics** are offered weekly in the lower level of OSCC. Coach/Instructor Macey Brooks is bringing Pickleball to many new players.
- **Annual Senior Resource Fair held at TRIAD Spring event.** Seniors attended lunch, resource fair and emergency vehicle viewing at Oswego Fire Department. OSCC participated as sponsor and exhibitor. (Held in May)
- **Annual TRIAD Picnic & Bingo**, over 70 of our seniors attended at Harris Forest Preserve. (Held in June)
- **Dominoes** Players meet during expanded afternoon hours every Thursday
- **Poker Party started in November 2024.** Play is held 2nd and 4th Wednesday each month.
- **Chair Volleyball started in October.** Held weekly on Wednesdays.
- **Lunch Bunch** Participants meet together at different local restaurant last Thursday of each month.
- **Special Events: Karaoke Night** in July at American Legion. **Evening of Music with Tom Sharpe of Mannheim Steamroller**, Fundraiser on July 19th.
- **Police Sponsored Bingo & Free Lunch** Annual event hosted and held at Oswego Police Department parking lot.
- **Valentine’s Dinner & Entertainment event was held Feb. 15th** at the Oswego Legion. 83 enjoyed the festivities.

HEALTH SCREENING CATEGORY: PROGRAMS

Purpose/Goal

- To provide opportunities for participants to receive screening of vitals in order to identify potential health issues.

Method:

- **Blood Pressure Screenings** are provided by nurse partner Jan Williams, LPN, at American Legion Community Luncheon.
- **Hearing Screen** Conducted on site by Connect Hearing bi- monthly.
- **Vaccine Clinic** held in October.

TRIPS CATEGORY

Purpose/Goal:

- To provide opportunities for Participants to enjoy educational and recreational experiences outside of OSCC boundaries in a safe environment.
- To provide Staff opportunity to observe and engage with Participants.

Method:

- **Day Trips** April -June trips: BBQ & Whiskey Tour in DeKalb, Paramount for “Beautiful” and Rockford for Japanese Gardens tour. July-September trips: Kane County Cougar Game, I &M Canal Trip, Shabbona Lake & Lunch, Mini-Golf & Lunch, and Paramount “Full Monty”. October -December trips: Bowling, Gambling/shopping, Caroling Party/Lunch Joliet Mansion, Frozen at Paramount Theatre. January – March trips: Bowling, Million Dollar Quartet, Waitress at the Paramount, Hollywood Casino & Reuland’s Lunch.

ADDITIONAL EVENTS NOT TRACKED IN REGULAR PROGRAMMING:

- **Gala** Fundraising Event held April 6, 2024
- **Gala Fundraiser Event** held February 1, 2025
- **AARP FREE Tax Preparations 2025 Season:** Approximately 140 seniors received tax service on three service dates.
- **SHIP** Counseling Appointments for Medicare Beneficiaries (Senior Health Insurance Program)

All programs, services, activities, and partner facilities are accessible to the disabled within the meaning of the Americans with Disabilities Act and the Rules and Regulations on disabled. OSCC added a rear entrance ramp and automated doors at lower and upper level entrances to be in compliance with Village of Oswego occupancy guidelines.

OSCC PROGRAM PARTICIPANTS AND OSWEGO TOWNSHIP PERCENTAGE April 1, 2024 - March 31, 2025

OSCC Programs/Activities by Category	1st Quarter Report: Total Number of Participants	1st Quarter: % of Township	2nd Quarter Report: Total Number of Participants	2nd Quarter: % of Township	3rd Quarter Report: Total Number of Participants	3rd Quarter: % of Township	4th Quarter Report: Total Number of Participants	4th Quarter: % of Township
Educational Programs I	201	72%	186	70%	243	73%	161	63%
Educational Programs II	69	78%	69	75%	62	71%	60	74%
Recreation Activities I	358	72%	326	72%	345	72%	308	68%
Recreation Activities II	298	77%	354	76%	271	71%	264	72%
Health Screenings	24	63%	27	68%	30	70%	21	72%
Trips	25	80%	47	64%	75	68%	48	65%



April 4, 2025

Oswego Township Office
99 Boulder Hill Pass
Montgomery, IL 60538

Dear Oswego Township,

This is Senior Services Associates, Inc. quarterly report for residents of Oswego Township during January, February and March of 2025. Since 1984, Senior Services Associates has been designated as the Care Coordination Unit (CCU) for Kendall County by the State of Illinois. Senior Services remains the only CCU in Kendall County.

Senior Services Associates offers a wide variety of services and programs to the residents of Oswego Township. Oswego Township residents make up roughly 30% of the people served in Kendall County. While located in Yorkville, Senior Services Associates is proud to be here to reach out to and serve all seniors of Kendall County. We are also proud to serve the disabled, age 18-59 living in the community with our Information and Assistance program, the Adult Protective Services program and those residing in long term care facilities through our Ombudsman program. So far this quarter, SSA served **611** Oswego Township residents in most of our programs. We provided them with **3,201.25** units of service. Below is a breakdown of SSA services that have been utilized by Oswego Township residents in each of our programs.

Our **Case Management** program allows the frail, elderly person to stay in their home and maintain an independent lifestyle rather than having to enter a costlier long-term care facility. From January through March, **281** Oswego Township residents once again received this service in their home, receiving **524.25** units of service.

AURORA
2111 Plum Street
Aurora, IL 60506
630.897.4035

CRYSTAL LAKE
4704 Three Oaks Road
Crystal Lake, IL 60014
815.356.7457

ELGIN
101 S. Grove Avenue
Elgin, IL 60120
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McHENRY
3519 N. Richmond Road
McHenry, IL 60051
815.344.3555

YORKVILLE
908 Game Farm Road
Yorkville, IL 60560
630.553.5777





The **Information and Assistance** program helps seniors and the disabled complete applications for Medicare Part D, Medicaid, Low Income Heating and Energy Assistance Program forms, and other benefit programs as well as answering numerous questions and offering assistance and referrals to appropriate resources for housing, nutrition and financial support. January into March produced **127** Oswego Township residents who received this assistance, totaling **184** units of service.

Through the **Outreach** program, SSA staff initiate contact with seniors who have not been previously contacted to inform them of services and programs they may be eligible for. In this first quarter, outreach was not conducted for Oswego Townships residents.

In the **Adult Protective Services** program, staff investigate reports of alleged physical, sexual and emotional abuse as well as financial exploitation and neglect or self-neglect of seniors or adults with disabilities age 18-59 living in the community. Numbers this quarter resulted in **17** cases of abuse of Oswego Township residents investigated which required **111.0** units of service. These numbers include any cases of self-neglect of Oswego Township residents, which are very time consuming. Self -neglect cases include cases of hoarding, those living in housing with code violations, and people who were no longer taking care of their physical needs.

The **Ombudsman** program provides advocacy for residents in long term care facilities while certified ombudsmen investigate allegations of abuse in long term care facilities. This program also serves the disabled population. There are **444** Long Term Care beds in Kendall County, but it is difficult to determine how many of these are occupied by Oswego Township residents.

The **Transportation** program makes arrangements for rides for seniors to doctor's appointments, appointments with government agencies, banking and grocery shopping. Rides are arranged through Kendall Area Transit (KAT), or Senior Services Associates volunteer drivers. In January, February and March, **38** Oswego Township residents received Transportation services for a total of **693** units.

Our **Respite** program arranges for financial support to supplement some respite time for caregiving family members who are caring for a senior with physical needs or dementia or Alzheimer's and cannot be left alone. In this quarter, respite services were not utilized by Oswego Township residents.

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Other programs that have had an impact on Oswego Township residents include the educational, recreational and evidenced based healthy aging programs found at the **Beecher Community Senior Center** and at the offsite locations where additional classes are offered. This past quarter, **114** Oswego Township residents utilized those programs for a total of **114** units of service.

Our **Volunteer** programs include the Retired Senior Volunteer Program (RSVP), now called AmeriCorps Seniors and the Senior Companion/Friendly Visiting program which matches an isolated senior with a prescreened companion who visits weekly. Many of the Volunteers are seniors themselves with **34** volunteers assisting Oswego Township residents with a total of **1,575.0** units of service.

We appreciate you once again for supporting Senior Services Associates, helping us provide crucial programs and services to our clients. We are here to help your residents and trust that you will see merit in the continued financial support of our programs that help your Oswego Township residents remain living independently and safely in your community. Please feel free to contact me if you would like any further information on our services or if you have any questions.

Sincerely,

A handwritten signature in black ink, appearing to read 'Kathryn Harrison'.

Kathryn Harrison
Director of Community Services
Southern Kane and Kendall Counties

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ORDINANCE REPORT

April 2025

I have investigated 5 complaints and issued 4 violations. All have been for dumping garbage on sidewalk/right of way. One violation may be going to court soon, waiting on service of a certified letter. We've also been able to collect on more outstanding liens. Starting to get things ready for grass season.

Any ordinance complaints, please call the office or email to ordinance@oswegotownship.org.

General and emergency assistance have been very active recently, I have been seeing multiple clients daily. I currently have 3 active Oswego Township clients, 2 active Bristol Township clients, 2 pending Oswego Township applications and 4 scheduled appointments for Oswego Township. I will be attending the annual ITAGAC conference in Peoria later this month.

The cemeteries have had a spring cleanup, there were a lot of tree branches down from the winter and recent wind storms. We have sold a few graves and had multiple burials and new headstones placed. Jen and I will be getting a demo on the new GIS software tomorrow that will eventually replace grave discover, which we are having multiple technical issues with and no response from tech support.